

The InSpektor's Report



COSMETIC DENTISTRY FOR THE HEALTHY LIFESTYLE

WINTER 2008

It's a
new
year!

Dear Friends,

Our move found many changes at Spektor Dental Center. We are now celebrating one year in our new location. We are so pleased to be able to offer our patients a spacious, state-of-the-art dental experience, with the latest in both technology and comfort. I hope you're enjoying the change as much as we are.

One of the major health headlines of the past year was the strong connection between oral health and overall health. As the Mayo Clinic stated, **"While the eyes may be the window to the soul, your mouth is a window to your body's health."**

At Spektor Dental Center, we take your smile seriously. Our goal is to help you keep your natural teeth looking great for a lifetime. Be diligent about your home care and come see us for regular maintenance cleanings.



Visit www.spektordental.com for great information about dental care, oral health and specific procedures you may be considering. And remember, **we always love to talk with you about improving your smile.** Let us know when you're ready for your smile makeover.

Dr. Wendy

Spektor Smile
Makeover



Before



After

Photography: ParksCreative.com

"I love how new veneers helped boost Lauren's self-esteem. We eliminated discoloration and decay, and strengthened her teeth. Her home dental care is now immaculate because she wants to take care of her beautiful smile."

– Dr. Wendy

"I'm much more confident and happy. There's nothing holding me back. People notice my teeth now, and comment on how white and straight they are. When I hear that I wonder who they're talking about, and then I remember I have a nice smile now."

– Lauren

Call today for your smile evaluation!
(425) 454-1322

Spektor Smile Store

CHEERS!

to Your Health and
Your Bright Smile!

A recent Italian study shows wine is good for your heart and your smile, killing bacteria that cause cavities and gum disease. If you favor reds, but worry about staining your teeth, use a professional whitening toothpaste, such as SuperSmile®, GoSmile® or StarBrite® — available in the *Spektor Smile Store* — and keep up on regular maintenance cleanings.

Opt for in-office Zoom® to jump-start the whitening process, then use custom trays to finish for your whitest, brightest smile ever! For more information about all of our smile-whitening procedures and products, give us a call at (425) 454-1322.



Let Us
Pamper
You

with Paraffin

We will soon be offering, with long appointments, complementary hand paraffin treatments for your relaxation. Our deep-heat paraffin treatments are single-use, soothing, aromatherapy gloves. For just \$10, you can enjoy a treatment with your check-ups and cleanings, with any other dental service, or if you just want to stop by for a quick hello and affordable hand care. Enjoy!

Ultreo™ is Here!

The latest advance in home care is the Ultreo ultrasonic toothbrush. Developed at the University of Washington, Ultreo uses patented ultrasound waveguard technology combined with precisely tuned sonic bristle action to remove hard-to-reach plaque, reduce stains and improve gum health. Pick one up in the *Spektor Smile Store* today. Visit the *Spektor Smile Store* for all your favorite professional oral care products, or call your request in over the phone to (425) 454-1322.

Spektor Dental Center Office Information

Spektor Dental Center

Dr. Wendy Shultz Spektor
Dr. Michael Spektor

Office Staff

Front Team: Joni, Leah, Christy, Cheryl
Assistant Team: Jill, Moji, Katrina, Desiree, Jenna
Hygiene Team: Tressie, Lorri, Estera

Office Hours

Monday-Thursday 8 am – 5 pm
Friday 8 am – 3 pm
Lunch hour appointments available!

How to Contact Us

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Fax: (425) 450-0179
Email: teamspektor@spektordental.com
Web site: www.spektordental.com

If you haven't already, be sure to give us your email address and your cell phone number. We'll send you friendly reminders of your appointments by email—and soon by text messaging if you prefer. Please complete our online patient survey after every visit so you can keep us on our toes. Your comments help us improve, and we want to be sure to give you the best dental experience possible.

SPEKTOR DENTAL CENTER
ADVANCED SMILE SOLUTIONS THROUGH TEAM DENTISTRY

Information in this newsletter is not dental or medical advice; please see your dentist or personal physician for consultation.

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