

THE *In*SPEKTOR'S Report

GENERAL • COSMETIC • PERIODONTAL DENTISTRY

Team
Appreciation
Spring 2019

GIVE THE **WORLD** YOUR **BEST SMILE!**



Spektor Dental is so proud of our fabulous dental team. We thank you all for your expertise and the devoted, attentive care you give each of our patients, every day.

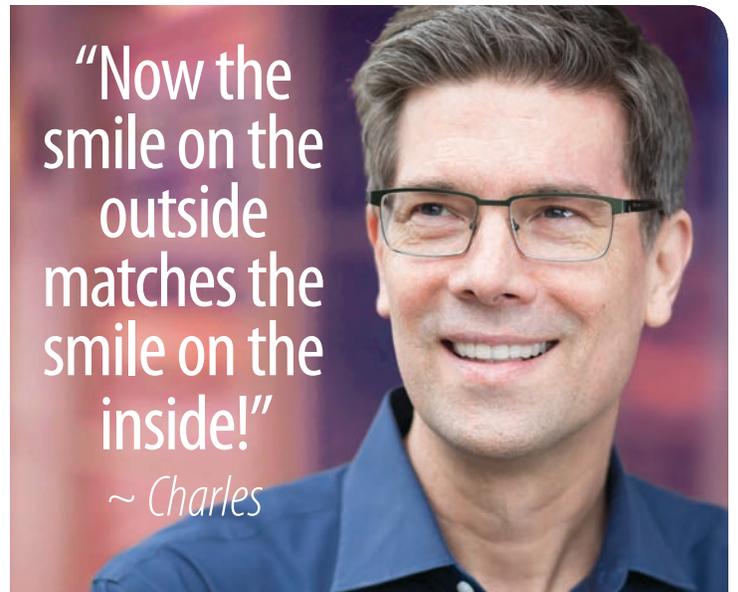
DEAR FRIENDS, We dedicate our spring newsletter to our stellar dental team! Together, we provide our patients exceptional dentistry, personalized care and service, and a place that, well, just feels like family. Thank you, everyone, for 'bringing it' every day, for every patient and family member! We love you all! ~ Spektor Dental

MEET CHARLES!

"A smile is a terrible thing to waste," says Charles, a long-time patient of Spektor Dental. He had some odd tooth shapes, color mismatches, and gums that were uneven, so he didn't let his smile out much. Charles tried the KÖR whitening system and really liked the results so he decided it was "game on" for the full smile upgrade. Dr. Michael performed crown adjustments to his gumline and Dr. Wendy created a set of beautiful veneers. "I'm so glad I finally took the time and made the investment in an awesome, healthy smile. Now the smile on the outside matches the smile on the inside!" ~ Charles

"Now the
smile on the
outside
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inside!"

~ Charles



POTENTIAL LINK SUSPECTED BETWEEN GUM DISEASE AND ALZHEIMER'S



Dr. Michael Spektor
Periodontist

A recently published study found bacteria associated with gum disease are prevalent in the brains of patients with Alzheimer's. Testing in mice also showed the bacteria can travel from mouth to brain, and that it produces toxic enzymes associated with proteins involved in the development of Alzheimer's. Dr. Michael cautions these are only markers at this point, and that it is far too soon to know the extent of the association. He adds, "But it's the latest reason yet to hedge your bets—protect your overall health by taking care of your oral health!"



Dr. Molly McIntosh
General Dentist

SNORE NO MORE

Is your snoring—or that of your loved one—keeping you from a good night's sleep? "A customized sleep appliance can reduce snoring, and may be an effective option for patients with mild obstructive sleep apnea," Dr. Molly explains. If you are often tired during the day, and your bed partner complains of your snoring, consult your primary care doctor. You may need a sleep study to determine whether you have a sleep disorder. To learn more about dental device options for improved sleep, schedule a consultation with Dr. Molly at **(425)454-1322**.



Dr. Lily Du
General Dentist
流利的中文

NOT YOUR GRANDPA'S DENTURES

Today's dentures have come a long way. You can refresh your smile with a full set of dentures, or partial dentures. "Our dentures are custom-crafted, and very natural-looking," says Dr. Lily. "You can eat, laugh and smile again, with confidence and comfort." Schedule a denture consultation with Dr. Lily today at **(425)454-1322** and learn more at spektordental.com/dentures.



Spektor Smile Store

The cordless water flosser by Waterpik® has a smaller water reservoir and slightly lower overall water pressure, making it more compact, portable and perfect for travel. The targeted, pulsating stream of water removes plaque and stimulates gum tissue. A water flosser is especially helpful for cleaning bridges, crowns and dental implants. Give it a try!

ORTHODONTIC CARE AT SPEKTOR DENTAL?

YES!

Did you know Dr. Molly McIntosh and Dr. Lily Du are certified Invisalign® dentists? Invisalign requires fewer visits than traditional braces, are barely noticeable, and you can remove them for special occasions—no braces in those wedding or graduation photos! If you've always wanted straighter teeth but didn't want to take the time required for traditional braces, or find your teeth have shifted over the years, consider an orthodontic evaluation at Spektor Dental. Call **(425)454-1322**.



WE'LL NEVER TELL ... AND THEY'LL NEVER KNOW!

Dr. Wendy offers Botox® and facial fillers to subtly enhance and complement your beautiful Spektor



Smile. Schedule a consultation or cosmeceutical appointment today at **(425)454-1322**.



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Office Hours: Monday – Friday, 8 am – 5 pm
Lunch hour appointments available!

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